



# MEDICAL & COUNSELING RESOURCES



# COMPLETE LISTING OF MEDICAL & COUNSELING RESOURCES

**FCWS Call Center**  
**904-915-HELP (4357)**

## **EMERGENCY RESOURCES**

Suicide Hotline  
(800) 273-8255

Rape Center Victim Services  
(904) 721-7273

Poison Control Hotline  
1-800-222-1222

Florida Child Abuse Hotline  
1-800-962-2873

Abortion Pill Reversal  
1-877-558-0333

First Call for Help (United Way)  
Dial 211 or (904) 632-0600

Provides information on available charities that provide assistance.



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## Medical Care and Health Services For Women & Children

### **DUVAL COUNTY HEALTH DEPT.**

Main Number: 253-1000

All clinics below will provide STD testing, and medical care for women including: Maternity Care, Family Planning and Gynecological Care including Pap-smears. Some centers can also provide comprehensive care to entire family, including children. All accept Medicaid and can evaluate financial needs of client seeking medical care.

### **Agape West Community Health Center**

120 King St  
(904) 760-4904

### **Beaches Family Health Center**

2344 South 3rd St.  
(904) 253-1080

### **South Jax Primary Center**

3225 University Blvd. Suite 101  
(904) 253-1220

### **Wesconnett Health Center**

5150 Timuquana Rd.  
(904) 253-1130

### **Center for Women & Children**

515 West 6th St.  
(904) 253-1080

### **Florida Kid Care**

(888) 540-KIDS

### **Kids 'N Care** *(for foster children only)*

(904) 253-1080  
515 W 6th St

### **Agape Family Health**

904-760-4904  
120 King ST  
5460 Blanding Blvd  
1680 Dunn Ave  
3900 University Blvd  
Primary Care for Children & Adults, Chronic Disease Mgmt., On-Site Pharmacy, Mobile Medical Bus

### **Clay County Health Dept. Bear Run Clinic**

3229 Bear Run Blvd, Orange Park, FL 32065  
(904) 272-3177  
[www.clay.floridahealth.gov](http://www.clay.floridahealth.gov)

### **WE CARE JACKSONVILLE, INC.**

4615 Philips Hwy  
Free medical treatment—primary and specialty care— for indigent Duval County residents.  
Coordinator, Mrs. Freddie Webster  
(904) 674-6450  
Pregnant women are referred to the Health Dept.

### **Participating We Care Clinics:**

#### **Christ the King Clinic**

South Jacksonville Family Health Clinic  
1736 University Blvd. South Walk-ins only  
Every 4th Saturday of the Month 9-1

#### **Healing Hands Medical & Dental Clinic**

5128 Timuquana Rd.  
(904) 573-1333

#### **I.M. Sulzbacher Health Center**

*Medical & Dental*  
611 East Adams St.  
(904) 359-0457 ext. 263

### **St. Vincent's Mobile Outreach Ministry**

904-308-7911

Provides free immunizations, health screenings, physicals, and other services to the isolated and underserved.

### **Jacksonville Beach (Beaches Community Healthcare Clinic) Adult Health Center**

850 6th Avenue South Suite 500

Jacksonville Beach, FL 32250 904-224-3550

Branch of the Sulzbacher Center serving patients who reside in the following zip codes\_ 32233, 32250, 32082, 32224, 32266. Open Monday, Tuesday, Thursday and Friday 8:00 am to 4:30 pm and Wednesday 8:00 am to 7:00 pm.

### **Mission House Clinic**

(904) 241-6767

800 Shetter Ave. Jax Beach

Call for appointments

Mon & Thurs 1-3p

### **Oasis Medical Clinic**

(904) 744-2133

2961 University Blvd N.

Jacksonville, FL 32211 Habla Español

### **Community Health Outreach**

5126 Timuquana Rd, Jacksonville, FL 32210

(904)-573-1333

[www.chojax.org](http://www.chojax.org)

Community Health Outreach Services Include:

- Emergency Dental Treatment
- Primary Medical Care
- Food Assistance
- Preventive Medical and Dental Care
- Health Awareness Programs
- Infant & Baby Items

### **Strong Florida Moms | A Resource for Florida Moms**

[www.strongflmoms.com/](http://www.strongflmoms.com/)

Strong Florida Moms is where you can access information about what to expect during pregnancy, resources to obtain health care, and answers to many of the questions Florida moms and dads have about parenting. Families can also access community resources such as local support groups with other moms, initiatives that connect to job opportunities, and other resources tailored to their parenting journey.

## Immunizations

Immunizations Center  
5322 N. Pearl Street  
(904) 253-1420

## Other Healthcare Providers

### **Healthy Start Coalition**

(904) 723-5422

### **I.M. Sulzbacher Health Center**

611 E. Adams St.  
(904) 359-0457 ext. 263  
Free medical care for the homeless.  
Open Mon-Sat 9am-noon, Mon-Fri 2-4pm

### **St. Vincent's Family Practice**

Does not accept after 22 weeks.  
Miss McIntosh  
(904) 308-7372 Riverside  
Accepts Medicaid, offers STD testing  
New OB patients, call (904) 308-8404

### **UF Health Little Miracles**

*Maternity Services*  
(904) 244-8109  
Client must deliver at Shands and not have an application pending with Dept. of Children & Families. Accept presumptive Medicaid, most insurance & sliding scale payment program for clients with no insurance.

### **Volunteers In Medicine**

Does not cover pregnancy  
3728 Philips Hwy #34  
(904) 399-2766  
5927 Old Timuquana RD Suite 2  
904-539-3020  
Free medical care (including pap smears and mammograms) and some medicines for Uninsured Workers earning a \$13,000 minimum income. Does not accept Medicaid.

### **Legacy of Care Health Clinic**

Provides free medical care for adults without health insurance and free health screenings to residents of Jacksonville.  
(904)-745-9333  
www.legacyofcare.net

### **The Way Free Medical Clinic, Inc.**

479 Houston St, Green Cove Springs, FL 32043 (904) 531-9504

## Dental Referrals

### **Health Department Clinics:**

\*Full service, for children ages 1-20

Those not eligible for government assistance must meet with financial advisor.

### **PARTICIPATING LOCATIONS:**

#### **Children's Dental Center @ Central Health Plaza**

515 West 6th Street

(904) 253-1210

#### **North Point Dental Center**

3416 Moncrief RD

(904) 253-1783

#### **South Jax Dental Clinic**

(904) 253-1240

1722 University Blvd. South

#### **Wesconnett Dental Center**

5150-9 Timuquana Rd.

(904) 253-1130

#### **Dentists Care of Jacksonville**

\*For low-income, uninsured adults.

#### **Children's Dental Care**

921 N Davis ST Bldg A #251

(904) 253-1230

### **PARTICIPATING CLINICS:**

#### **City Rescue Mission**

(904) 387-4357 ext. 4207

426 S. McDuff Ave.

Open Tues, Thurs & Fri.

(must be resident of mission)

#### **Healing Hands Medical**

(904) 573-1333

5126 Timuquana Rd.

Long waiting list.

THIS IS THE SAME AS LORDS STORE

#### **Sulzbacher Center Dental Clinic**

Beaches: 904-224-3550

Downtown: 904-394-8060

Open Thurs. 2-4 pm

Homeless only (ER Housing 359-0457)

\*Accepts Medicaid, Sliding Scale Payments & Most Insurance.

#### **\*\*Other reduced-cost clinics:**

##### **Florida Baptist Convention**

Mobile Dental Clinic

(904) 596-3113

Travels throughout state of Florida.

Extractions and fillings are FREE

##### **Family Dental Resources**

[www.doh.statefl.us/](http://www.doh.statefl.us/)

Patients must meet certain low-income



## Medicaid Information

For all Florida counties:

1-866-762-2237

*English, Spanish and French spoken.*

Fax (904) 723-2079

### **Social Security Administration**

7185 Bentley RD #1

800-772-1213

If you are new applicant for Medicaid, a representative at the above toll-free number will advise you which Service Center is in your area.

Applications take at least 30 days to process.

### **Application Assistance:**

1100 Cesery Blvd, Jacksonville FL OR

1918 Blanding Blvd, Jacksonville, FL

1845 Town Center Blvd. Fleming Island, FL

*If you already have Medicaid, call (888) 419-3456 for a representative.*

Or visit their websites:

[www.myflorida.com/accessflorida](http://www.myflorida.com/accessflorida) OR

<http://www.dcf.state.fl.us/ess/index>

### **UF Health Little Miracles**

655 West 8th Street at the Critical Center

(904) 244-BABY

For women delivering at Shands only!

45-day presumptive Medicaid only.

Clients cannot have a pending application with Dept. of Children & Families or they are will not qualify for the program.

## Insurance Information

### **Covering Families**

1-866-762-2079

[www.myflorida.com/accessflorida](http://www.myflorida.com/accessflorida)

A national program that assists with low cost and free health insurance through Medicaid

### **Florida KidCare**

(888) 540-5437

[www.floridakidcare.org](http://www.floridakidcare.org)

Subsidized health insurance for children of impoverished families. Cost contingent on family income and size. Habla Español

## Medical Expenses Information

### **UF Health Outpatient Financial Services**

(904) 244-4015 option 1

[ufhealth.org/financial-assistance](http://ufhealth.org/financial-assistance)

This organization provides reduced cost medical services at Shands Hospital for qualified clients.

### **UF Health Women's Health Services**

(904) 244-0411

[ufhealthjax.org/womens-services/](http://ufhealthjax.org/womens-services/)

### **UF Health Little Miracles**

(904) 244-8109

[ufhealthjax.org/community/little-miracles.aspx](http://ufhealthjax.org/community/little-miracles.aspx)

The Little Miracles Program began to improve the health of mothers and their babies in Jacksonville and to encourage prenatal care. The program hosts three city-wide baby showers a year.

655 West 8th Street

Jacksonville, FL 32209

## Consumer Credit Counseling

### **Consumer Credit Counseling Services**

Jacksonville Beach

(904) 249-5992





## **OB/GYN Offices**

### **North Florida OB/GYN Offices**

womenscareobgyn.com

#### Jacksonville

2525 Riverside Avenue, Jacksonville, FL 32204

904.388.-0704

9404 Way Point Place, Jacksonville FL 32257

904-387-9577

2363 Dunn Ave, Jacksonville FL 32218

904-387-9577

3 Shircliff Way, Suite 200 & 310

Jacksonville, FL 32204

904.387.9577

9889 Gate Parkway N, Suite 205

Jacksonville, FL 32246

OR 836 Prudential DR #1103

Jacksonville, FL 32207

904.398.7654

6885 Belfort Oaks Place, Suite 300

Jacksonville, FL 32216

904.296.4200

#### St. Augustine

301 Health Park Blvd. Ste. 219

St. Augustine, FL 32086

(904) 819-9898

#### Orange Park

1680 Eagle Harbor Parkway, Suite A

Orange Park, FL 32003

904.264.9555

1605 Kingsley Avenue, Orange Park, FL 32073

904.269.5600

#### Yulee

850966 US Highway 17N, Yulee, FL 32097

904.321.2229

#### Beaches

1361 13th Avenue S., Suites 190 & 110

Jacksonville Beach, FL 32250

904.247.5514

*Accept Medicaid w/ Primary Referral*

#### Fernandina Beach

1411 South 14th St Suite D,

Fernandina Beach, FL 32034

904-321-2229

#### Macclenny

725 South 6th Street, Macclenny, FL 32063

904-264-9555

*North Florida OB/GYN offices listed accept the following Medicaid:*

*Molina Healthcare*

*United Healthcare's Medicaid -M \*Plus*

*Wellcare of Florida (Staywell & Florida Healthy Kids)*

### **UF Health Women's Specialists**

1155 East 21st Street, Jacksonville, FL 32206

(904) 383-1028

15255 Max Leggett Parkway Suite 4400

Jacksonville, FL 32218

(904) 383-1000

### **Florida Women's Care**

3627 University Blvd South #340, Jacksonville, FL 32216

904-574-5994

4788 Hodges Blvd # 104, Jacksonville, FL 32224

904-574-5221

*Accepts Molina & Sunshine State Medicaid*

### **St. Vincent's OB/GYN**

4203 Belfort RD Jacksonville, FL 32216

904-296-5688

*Accepts Molina and Sunshine State Medicaid*

## Private OB/GYN Practices

### **Dr. Michelle McLanahan**

8075 Gate Parkway W #305

Jacksonville, FL 32216

*Accepts Sunshine State & United Healthcare  
Medicaid*

### **Dr. Quadir Khan**

11701 San Jose Blvd, #114

Jacksonville, FL 32223

904-288-6910

Accepts Molina, Sunshine, and  
Staywell Medicaid Plans

### **Shands Little Miracles**

655 West 8th ST

Jacksonville, FL 32209

904-244-2229

### Orange Park

#### **Dr. Hyler & Associates**

1560 Kingsley Avenue Suite 4

Orange Park, FL 32073

(904) 264-1628

1658 St. Vincent's Way Suite 130

Middleburg, FL 32068

(904) 264-1628

1747 Baptist Clay Drive

Suite 340

Fleming Island FL, 32003

## Grief Support

### **Bereavement Services/Wolfson Children's Hospital**

(904) 202-8000

### **Hope & Healing**

(miscarriage, stillbirth, early infant death)

904-549-6114

### **The Compassionate Friends**

Child loss support group, monthly meetings

Jacksonville (904) 308-7481

St. Augustine (904) 794-5609

### **Grief Share**

(904) 366-1236

First Baptist Church pastoral ministry

Meets Sunday evenings; cover 10 topics.

Cindy L. Richetti LMHC MH 5791

100 Executive Way, Ponte Vedra Beach, FL

(904) 280-8006 (Phone appts only, \$200 per/ hr)

## **Counseling**

### **Mandarin Christian Counseling**

2950 Halcyon Lane #204  
Jacksonville, FL 32223  
(904) 262-1900 and  
235 9th Avenue North  
Jacksonville Beach, FL 32250  
jaxchristiancounseling.com

### **Grace Center for Biblical Counseling**

First Baptist Church downtown  
Jacksonville, FL 32202  
(904) 366-1237  
Www.fbcjax.com/counseling

### **Hope for the Hurting, Inc.**

Linda S. Plunkett, PhD  
9951 Atlantic Blvd. Ste. 222  
Jacksonville, FL 32225  
(904) 710-0529

### **Westside Behavioral Counseling Ctr.**

Kenneth Hawn LMHC  
931 Cassat Ave., Jacksonville, FL 32205  
(904) 388-2828  
Helpforeveryone.net

### **Joy Canaday, PhD, LMHC**

5223 Damascus Rd. N.  
Jacksonville, FL 32207  
(904) 737-0537

### **Pastoral Counseling Services**

2140 Mango Place  
Jacksonville, FL 32207  
(904) 398-2437

### **Susan Stanford-Rue, Ph.D.**

3030 Hartley Blvd. Ste 220  
Jacksonville, FL 32257  
(904) 292-0085

### **Professional Christian Counseling**

Toby Holly, LMHC (Families, Teens, Men's Issues)  
Ida Holly, LMHC (Children, Women's Issues)  
Wileen VandenOever, LCSW (Accepts Medicaid)  
1608 Smith St., Orange Park, FL 32073  
(904) 213-8188

### **Volland & Associates**

9951 Atlantic Blvd. Suite 100B  
Jacksonville, FL 32225  
(904) 727-7778

### **Clay Behavioral**

904-291-5561

### **Westside Counseling Center**

Lynda Walls, PhD | Ken Hawn, LMHC  
931 Cassat Ave.  
Jacksonville, FL 32205  
www.helpforeveryone.net

### **Body Image Counseling Center**

(San Marco area)  
1545 Landon Ave.  
Jacksonville, FL 32207  
(904) 737-3232  
www.bodyimagecounseling.com

### **Linda Piampiano, Lic. Clinical Christian Counselor**

3423 Loretto Rd.  
Jacksonville, FL 32223  
(904) 504-5764

### **Post-Abortion, Family Christian Counseling**

Mark Dumdei Med., LMFT  
3000 Hartley Rd.  
Jacksonville, FL 32257  
(904) 226-2446

### **Abortion Healing Assistance**

904-213-9374

### **Stapleton Consulting**

145 Hilden Road Unit 108 Ponte Vedra, FL 32081

[www.stapletonconsultingservices.com](http://www.stapletonconsultingservices.com)

We work with children, teens, families, adults and military veterans on issues from depression to trauma, divorce to adoption. They work with men struggling with identity and sexual addiction, as well as couples who want to improve their relationship. Christian counseling to individuals, families and Christian leaders.

### **The Living Well Collective**

9550 Regency Square Blvd. #400

Jacksonville, Florida 32225

[www.livingwell.online](http://www.livingwell.online)

The Living Well Co. specializes in offering programs and services that help people live well. We are a faith-based Christian organization concerned about the health and well-being of those we serve. Our mission is to improve people's lives by supporting and enhancing personal growth and wellness through Christ-focused life coaching, training, consulting and counseling. We treat mental health issues and addiction, including depression, anxiety, and pornography addictions.

<https://marriagefoundry.com/> <https://everygirl-living.com/meet-the-team/>

<https://www.livingpornfree.com/>

### **Craig Myers, LMHC, M.Ed**

7235 Bonneval Road Jacksonville, FL 32256

904-906-8275

My counseling approach is to treat each individual and couples with respect and integrity. We live in a stressed world! Stress effects our jobs, health, relationships and even our decisions. It can cause depression, anxiety, loneliness, consequences from hasty choices and a host of other issues. One stressed person can cause stress for an entire family. The way in which we learned to cope with life may also crate stress for us personally. How we communicate, resolve conflict, express anger, and having to be right can produce stress. Coping patterns such as social media addiction, spending money, pleasing others, overworking and seeking perfection contribute to personal stress.

## **Beaches**

### **Body Image Counseling Center**

61 Sailfish Drive East

Atlantic Beach, FL 32233

(904) 737-3232

[www.bodyimagecounseling.com](http://www.bodyimagecounseling.com)

### **Family Life Christian Counseling**

2121 Corporate Square Blvd.

Jacksonville, 32216

(904) 725-1800

### **First Coast Therapy Group, Inc.**

500 Sawgrass Village Circle Suite #9

Ponte Vedra Beach, FL 32082

(904) 280-8555

### **The Guidance Clinic**

Jacksonville Beach, FL

(904) 730-7575

Emergencies:

Dr. Fulton (904) 568-8870

### **Deborah Hardman, MSW and LCSW**

482 Jacksonville Drive

Jacksonville Beach, FL

(904) 247-3600

### **Linda Miller-Dowie, LCSW**

2320 3rd Street South

Jacksonville Beach, FL 32250

(904) 246-5001

[www.lindamillerlcsw.com](http://www.lindamillerlcsw.com)

### **Cindy Richetti, LMHC**

100 Executive Way Suite 200

Ponte Vedra, FL 32082

(904) 647-4949

### **Mia Sell, RN and LMHC**

Neptune Baptist Church

(904) 465-3659

### **Family Life Christian Counseling**

2121 Corporate Square Blvd., Suite B

(904) 725-1800

### **The Silver Cord**

**Patricia M. Clary, PhD**

P.O. Box 3033

Ponte Vedra Beach, FL 32004

(904) 723-3600

[www.thesilvercord.org](http://www.thesilvercord.org)

## **Community Counseling**

\*must meet certain criteria to receive services

### **Body Image Counseling Center**

1545 Landon Ave.

Jacksonville, FL 32207

(904) 737-3232

### **Child Guidance Center Inc.**

(904) 448-4700

Arlington, Northside, Westside

Habla Español (904) 448-4700 ext. 134

Serve children and 18 to 21 year-old high school students. Play therapy for those under 12

### **The Guidance Clinic**

9140 Golfside Drive Ste. 4

Jacksonville, FL 32256

(904) 730-7575

Emergencies: Dr. Fulton (904) 568-8870

### **Jewish Family & Community Services**

6261 Dupont Station Court East

Jacksonville, FL 32217

(904) 448-1933 option 3

Therapy for individuals, couples and families

In the 5-county area

Accepts Medicaid and sliding scale fee

**LINK Program/MHRC**

(Quest Outreach) - M-F 8:00–5:00

611 E Adams St

Jacksonville, FL 32202

(904) 358-2411

Assessments, referrals, medication management and substance abuse counseling for homeless individuals.

**Mental Health Center of Jacksonville**

3333 West 20th Street

Jacksonville, FL 32254

(904) 695-9145

**Mental Health Resource Center**

11820 Beach Boulevard

Jacksonville, FL 32246

(904) 642-9100

**Trinity Rescue Mission (Women's)**

(904) 355-1205

627 West Beaver St.

Jacksonville, FL 32202

[www.trinityrescue.org](http://www.trinityrescue.org)

**Clay County Behavioral Health Center**

[www.ccbhc.org](http://www.ccbhc.org)

3292 County Rd. 220 Middleburg, FL

32068(904)291-5561– Outpatient mental health

services for adults.

**The Onesimus Connection**

Non-profit religious organization affiliated with Logos Global Network in Jacksonville, FL. TOC is a counseling program reaching out to those are struggling with anger and addiction issues. Group Session are a set amount per session while the fees for individual sessions are based on a sliding scale according to household income.

4043 Baymeadows Rd, Suite B.

Jacksonville, FL 32217

(904) 382-1902

**River Point Behavioral Health**

6300 Beach Blvd. 32216

(904) 724-9202

Ask for Evaluation & Referral Dept.

Alcohol & Drug rehab and Mental Health resources also available, both inpatient and outpatient treatment.

No Medicaid, most private insurance accepted.

[www.riverpointbehavioral.com](http://www.riverpointbehavioral.com)

**Jacksonville Men's Rehabilitation**

3333 Philips Hwy. Jacksonville 32207

Adults and Families with drug and Alcohol problems.

Live In Facility—Residential Recovery for men.

[www.teenchallenge.cc](http://www.teenchallenge.cc)

Phone number: (904) 398-0013

**Upward Climb Women**

Community support group for women struggling with promiscuity, erotica, pornography, or premarital sex and other sexual tendencies. You are not alone.

Email Stacey at [upwardclimbwomen@gmail.com](mailto:upwardclimbwomen@gmail.com)

**Motherhood Space - Baptist Health**

If you or someone you love is in crisis, there is help available. Adults, kids, and teens support is offered at no charge.

Call (904) 202-7900

Text "HOME" to 741741



## **Rape & Abuse Help**

### **\*Betty Griffin House (904) 824-1555**

(24-hr help line)

Area: St. Johns County

### **City of Jacksonville, Sheriff's Office**

Area: Duval County (904) 630-0500

For crimes of a non-sexual nature

### **First Coast Child Protection**

(904) 633-0300 24 hr. line for minors

### **\*Hubbard House, Inc.**

24 Hour counseling (904) 354-3114

(904) 400-6300 Outreach Center

8012 Lem Turner Rd., Jacksonville, FL

Area: Duval County

### **\*Quigley House, Inc.**

(904) 284-0340 or 529-3643

24 Hour Hotline (904) 284-0061

Area: Clay County

### **Rape Crisis Hotline (18 and older)**

904-630-6330 or 904-358-RAPE (7273)

403 W. 70th Street

### **United Way 211**

(904) 632-0600

Area: Duval, Baker, Clay, Nassau & St. Johns

*\*these facilities also function as domestic violence shelters*

### **Children and Youth**

#### **Child Help**

(800) 422-4453

national child abuse hotline

#### **Florida Abuse Hotline**

1-800-96-ABUSE

1-800-962-2873

1-800-453-5145

### **Shands Children's Crisis Center or First Coast Child Protection**

(904) 633-0300

Child protection and medical team interview at-risk children for abuse or neglect. Assessments given to Department of Children and Families.

### **Youth Crisis Center**

24 hour hotlines.

Serves 10-17 year olds in the 5-county area

Runaways (904) 725-6662

Project Safe Place (904) 720-0002

### **Catholic Charities (Duval)**

info@ccbjax.org

40 East Adams Street Suite 320

Jacksonville, FL 32202

904-354-4846

### **Micha's Place (Nassau)**

P.O. Box 16287 Fernandina Beach, FL 32035

904-491-6364

24/7 Hotline 1-904-225-9979

Provides prevention and intervention services to victims of domestic violence. A safe confidential shelter, advocacy, counseling, legal advocacy and support groups of victims of domestic violence.



## Misc. Counseling Services

### **SMA Healthcare, St Johns**

For individuals 18 years or older with mental health needs. Services are free. No insurance required  
(904)-770-2960

### **Northwest Behavioral Health Services**

Case mgmt., supportive housing, & outpatient counseling  
(904)-781-7797

### **NAMI-National Alliance on Mental Illness**

Support & improve the quality of life for family members & those living with mental illness  
(904)-724-7782

### **EPIC Behavioral Healthcare, St Johns**

Mental Health & abuse counseling for adults, teens, and children  
(904)-829-2273

## Alcohol & Drug Resources

### **Addictions Rehabilitation Clinic**

#### **Naval Hospital**

Main line (904) 542-3473  
Military & Families only. Extensive screening.

### **AL-ANON**

Orange Park Free services  
(904)350-0600 Hot Line  
Support for friends and family of alcoholics  
www.Jaxafg.org for meeting schedules

### **Alcoholics Anonymous (AA)**

Support for alcoholics  
24-hr answering service. No fees  
3128 Beach Blvd. (904) 399-8535  
Kay Baumann: office manager

### **Alcoholic Service Center**

20 West 4th Street  
(904) 355-6947 (NA)  
Drug and Alcohol Prevention

### **Baptist Behavioral Care**

(904) 202-7900

Mental health services Inpatient only, crisis patients only. Accepts Medicaid and most private insurance. Will treat uninsured—client can go to ER for evaluation— for charge but community resource centers best for inpatient crisis stabilization. Day stay is available.

Partial Hospitalization (904) 202-2296

Outpatient Services (904) 376-3800

### **Gateway Community Services**

555 Stockton St., Jacksonville 32204

Main line (904) 387-4661 Mon.—Fri. 8-5

Inpatient, outpatient and detox services offered.

Louise, Inpatient triage nurse (904) 389-9966

Gateway Connect—2 week wait for appointments

Adult Detox. (904) 781-0838 (evaluate on phone)

Accepts most private insurance. Will treat uninsured on a case-by-case basis.

Adolescent treatment (904) 646-4889

\*Detox (experimental use)—accept insured and uninsured

\*Residential ext. 133 for drug dependency issues  
Residential program also offers sliding scale fee for those not receiving government assistance.

Alumni House- (904) 354-0835

Halfway House for substance & abuse disorders.

### **River Region Human Services**

(904) 899-6300 Option 1 for patient appts.

Open Mon-Fri 8:30-4:30

Serves the 5-county area—Drug & Alcohol treatment, outpatient & inpatient care. Medicaid accepted. Will treat uninsured in some cases or make referral, sliding scale fees based on income. (Does not accept private insurance.) Habla Español.

Admin office—2055 Reyko Rd, Ste 101, Jax, 32207

Clinical office—390 Park St., Jacksonville 32204

Minerva Bryant, VP Clinical Operations



### **Salvation Army Adult Rehabilitation Ctr.**

Provides free in-residence rehabilitation program with a focus on basic necessities.

- Inpatient program
- Group and individual therapy
- Daily fee required, insurance not necessary
- Christian based programs
- Arlington/Beach area

(904)641-2122

[www.salvationarmynefl.org](http://www.salvationarmynefl.org)

### **City Rescue Mission**

CRM exists to transform the lives of the homeless and needy, serving them through the love and compassion of Jesus Christ.

- Provides food, clothing, shelter, and emergency services
- Residential Recovery Program
- Homeless men and women with or without children

### **Trinity Rescue Mission**

Provides emergency services and free long-term recovery programs to the hungry, homeless and hurting in the greater Jacksonville area.

Dedicated to loving, serving, and helping those in need through the grace of Jesus Christ.

- Break the pattern of homelessness & addiction
- Overnight shelter & meals
- Free 60+ day residential program for women and men
- Freedom Farm: 6-9 month intensive discipleship for men

(904)355-1205

[www.trinityrescue.org](http://www.trinityrescue.org)

### **Teen Challenge**

We offer help to those whose lives have been damaged by the terrible effects of drug and alcohol dependency, co-dependency, and other life controlling problems. This program was developed to help residents overcome addictions and to learn to live as drug-free Christians in the real world.

\*Free income based in-patient recovery  
(904)317-0333 [www.teenchallenge.cc](http://www.teenchallenge.cc)

### **Celebrate Recovery**

[www.celebratecoveryjacksonville.com](http://www.celebratecoveryjacksonville.com)

Multiple locations in each county. A Christ-centered and Bible-based 12-step recovery program.

- Focus on God's healing power through fellowship
- Work on the 12 steps and the 8 principles
- Attend share groups where there are shared experiences and exploring hope together

### **Beaches Recovery**

390 16th Ave South Jacksonville Beach, FL 32250

Admissions: 866-274-9281

Non-admissions: 904-685-9083

Beaches Recovery is the premier drug and alcohol treatment center in Jacksonville Florida. We offer a complete continuum of care, starting with drug and alcohol detox at Tides Edge Detox Center. Founded on the principles of treating the mind, body, and spirit, Beaches offers a wide array of treatments and activities proven to combat the disease of addiction and co-occurring disorders such as anxiety, depression, bipolar, and other mood conditions.

### **Florida Counseling & Evaluation Services**

6950 Philips Highway Suite 11 Jacksonville, FL 32216

904-239-3677

Florida Counseling and Evaluation Services is a group of competent and caring behavioral health clinicians whose goal is to assist individuals in resolving personal difficulties and in acquiring the skills, attitudes, and resources necessary to pursue productive and satisfying lives.



## Child Counseling Services

### **Nemours Childrens Hospital**

1650 Prudential Drive Jacksonville, FL 32207  
904-202-8000

Our child psychiatrists are here to help. We're medical doctors who specialize in diagnosing, preventing and treating issues affecting kids' mental health (emotions and behavior). We do not have inpatient psychiatric facilities or beds for children or teens.

### **Wolfson's Children's Hospital**

800 Prudential Drive Jacksonville, FL 32207  
904-202-2000

Behavioral Health 904-376-3800

Provides compassionate and individualized care for a full range of pediatric mental health conditions. We provide both inpatient (hospital stay) and outpatient (office visits) consultation, evaluation, and treatment.

## Halfway Houses

### **Sober Living Recovery Halfway House**

Provides a safe, loving and comfortable environment where residents can transition in their recovery journey to everyday living while staying clean and sober. Properties include three sober living homes (two for men and one for women) in beautiful, serene wooded neighborhoods.

- Begin a new career with community partners
- Move to independent
- Men's recovery and separate women's recovery house
- Daily NA/AA meetings and sponsors required
- Drug testing 3X/ week

### **Christian Alcohol and Drug Rehab Help**

Christ is at the center of Christian drug detox and Christian alcohol detox. The patient is given a message, which is reinforced throughout the entire program. "I can do all things through Christ who strengthens me."

- Highest quality medical care based on solid science
- Cleanse the body
- Supportive environment
- Acknowledge Christ's power to heal and free body and soul

(904) 432-3737

[www.jacksonville.christianalcoholanddrugrehab.com](http://www.jacksonville.christianalcoholanddrugrehab.com)



### **The Beach House**

Bridges the gap from treatment facilities and/or using environments with a safe recovery oriented transitional home.

- Separate men’s and women’s houses
- 100 yards from the Atlantic Ocean
- Owner has over 28 years of recovery
- Caring staff member on site 24/7 and always available to residents

(904)372-4098

[www.thebeachhousesoberliving.com](http://www.thebeachhousesoberliving.com)

### **Awakening Recovery Center**

Provides help for alcoholism and drug addiction while allowing the affected person to live at home and work as usual.

- Intensive outpatient services only
- Cognitive-behavioral based therapy
- Suitable for employed functional alcoholics
- Accepts insurance or cash

(904)733-7383

[www.awakeningrecoverycenter.com](http://www.awakeningrecoverycenter.com)

### **The Nurturing Network**

1-800-866-4666 (800-TNN-4MOM) or [tnn@nurturingnetwork.org](mailto:tnn@nurturingnetwork.org)

Nationwide program for college/university women to transfer to another college and provide housing through pregnancy. Also for working women.

### **Robert Half International**

1-800-803-8367

### **Office Team**

1-800-804-8367

[www.officeteam..com](http://www.officeteam..com)

### **PACE Center for Girls**

Jacksonville

[www.pacecenter.org/locations/jacksonville](http://www.pacecenter.org/locations/jacksonville)

One West Adams Street, Suite 301

(904) 421-8585

Clay County

[www.pacecenter.org/locations/clay](http://www.pacecenter.org/locations/clay)

1241 Blanding Blvd, Suite 5

Orange Park, FL 32065

(904) 458-0840

Provides girls and young women an opportunity for a better future by providing holistic, gender responsive and trauma informed services including academics, counseling, service learning, career preparation and independent living skills.

### **Teen Challenge**

Jacksonville Women’s Center

(904) 317-0333

Jacksonville Men’s Center

(904) 398-0013

In a day when drug abuse and addiction has crossed every geographic, economic, cultural and ethnic barrier, Teen Challenge offers hope for those who have grown up in families and communities where substance abuse creates a spiral of addiction, as well as those who come from stable and loving homes in good neighborhoods



## HIV/AIDS Services

### **Catholic Charities Bureau**

(904) 354-4846

Basic necessities for persons with HIV /AIDS in the 5-county area

## STD Testing

### **APEL Health Services**

(904) 353-2514

(904)768-1561

5353 Soutel Dr. Ste C (Northside)

*Free HIV tests for anyone.*

### **Duval County STD Clinic—Men & Women**

Comprehensive Care (904) 253-1040

### **Duval County Health Dept. - Women only**

*6 locations:*

#### Beaches Family Health Center

(904) 253-2555

#### Baker County- Health Department

(904) 259-6291

#### South Jacksonville Family Health Ctr.

(904) 253-1100

#### River Region Human Services

(904) 301-1147 or 899-6300

610 N. Julia St. (downtown) HIV testing only

Transportation may be available.

#### Wesconnett Family Health Center

Westside (904) 253-1120

#### West Jacksonville Family Health Center

(904) 253-2785

### **Clay County Health Dept. Bear Run Clinic**

3229 Bear Run Blvd, Orange Park, FL 32065

(904) 272-3177

[www.clay.floridahealth.gov](http://www.clay.floridahealth.gov)

## Help for a Child

### **Healthy Families of Jacksonville**

A free, voluntary, early learning and family support program designed to help you be the best parent you can be, and to help your child grow and develop in the most important first months of his or her life.

- Support and education directly to you and to your family in your home.
- Trained family support workers visit pregnant and new moms and their families to provide knowledge and support in the areas of: Pregnancy wellness, Breastfeeding, Parenting skills, Positive parent-child interaction, Stages of infant and child development, Importance of bonding and attachment, Development screenings

Call (904) 520-7630 if you are in zip codes 32206, 32207, 32211, 32216, 32217, 32225, 32246, or 32277

Call (904)924-1740 if you are in zip codes 32202, 32204, 32205, 32208, 32209, 32210, 32218, 32244 or 32254

### **Salvation Army Development Center**

Provides a high quality, affordable and accessible preschool program for children, opportunities for parent engagement, and ongoing professional development for our staff. We aim to provide the necessary skills, such as social, motor, early literacy, and number awareness for each and every child in order for them to be successful learners and ready for kindergarten.

(904)665-0102

[www.salvationarmyfl.org](http://www.salvationarmyfl.org)

## Childbirth Assistance

### **Doulas of Northeast Fla.**

'doula' is an ancient Greek term that refers to a woman who helps other women. It is applied to women who provide physical, emotional, and informational support to the mother before, during and after childbirth.

### **Janet McIlroy**

(904) 249-0261 | [FirstCoastFame@aol.com](mailto:FirstCoastFame@aol.com)

Master's level Christian psychologist

Specializes in childbirth education

Sliding scale | \$50 per class series of 4 classes.

For more referrals to local doulas visit

[www.thebirthcompany.com/referral.htm](http://www.thebirthcompany.com/referral.htm)

or call Rae Davies at (904) 285-0028

## Natural Family Planning

### **Diocesan Center for Family Life**

2577 Park Street Jacksonville

(904) 551-2619

[www.d CFL.org](http://www.d CFL.org)

### **Women's Help Center**

[www.pregnancyjacksonville.com/Jacksonville](http://www.pregnancyjacksonville.com/Jacksonville)

4209 University Blvd. S Jacksonville, FL

(904) 398-5143

### Beaches

1903 North 3rd St Jacksonville Beach, FL

(904) 249-8644

## Paternity Testing

### **First Coast Testing Services**

[dnajax.net](http://dnajax.net)

2063 Oak St Jacksonville, FL

(904) 358-9055

### **Dr.'s Choice First**

[drschoicefirst.com](http://drschoicefirst.com)

1912 Hamilton St Jacksonville, FL

(904) 800-2375



## Breastfeeding Support

### **Baptist Health Women's Resource**

Library open to the community  
800 Prudential Drive (904) 202-2229  
Offers: Breastfeeding 101 Class and postpartum group sibling class.

### **Breastfeeding National Network**

(800) 835-5968 24 hour number  
Refer for breast pumps, parts, accessories & area breast feeding specialists. Sell nursing bras & rent baby scales. Consultation fees vary.

### **Healthy Mothers, Healthy Babies**

(904) 854-7100, 5991 Chester Circle , 32217  
All services free  
Hours: Mon-Thurs 10:30a-3:30p  
After hours emergencies  
(904) 499-5588

### **LaLeche League of Northeast Florida**

Offer biweekly meetings on breastfeeding & assistance from pregnancy through nursing. Does not offer home visits or latch assessments but can refer to lactation consultations. Free community service.

[www.llli.org/web/florida.html](http://www.llli.org/web/florida.html)

### **Seton Center for Women and Infants Health**

at St. Vincent's Medical Center (Riverside)  
Dillon Bldg. 3rd Floor, Suite 320  
Open Mon-Fri 9am-4pm  
(904) 308-6359 leave message for Lois Smith or Toni Herndon, Clinical Resource Coordinator.  
Free help over the phone or in person Breast pump rentals and sales

## Childbirth Classes

### **Baptist Medical Center**

(904) 202-2229  
Contact Felicia Durham  
CPR class (not for certification) \$20/ person  
2 parenting sessions 0-12 months \$40/couple  
3 basic childbirth sessions \$55/couple  
4 weeks/sessions on childbirth \$65/couple  
Open to community

### **Duval County Health Dept.**

(904) 253-2630  
Family Health Education Services  
[www.dchd.net](http://www.dchd.net) Mon-Fri 8am-5pm  
Fern Hunter, Health Educator  
Education and care coordination for at-risk expectant mothers and infants.

### **Healthy Mothers, Healthy Babies Coalition of North Florida, Inc.**

(904) 854-1700 ext. 14 Rhonda Thomason  
Open Mon-Fri 8:30-4:30  
Baby sign language, newborn care & childbirth classes.  
After hours emergency 499-5588

### **Memorial Hospital**

(904) 399-6691  
Kerri, Education Dept.  
Classes offered: Baby Care Basics, Childbirth Refresher, Sibling Preparation, Infant/Child CPR, and Prepared Childbirth (includes Lamaze & breastfeeding.) Fees vary from \$10- \$60

### **St. Luke's Hospital**

main# (904) 296-4344  
Family Birth Place Education Line 296-4345  
Series of 6 classes on Mon & Wed p.m. \$60  
Ask for Jean to schedule



# Pregnancy Resource Centers

## First Coast Women's Services

Call Center  
904-915-HELP (4357)

Mandarin  
11215 San Jose Blvd.  
Jacksonville FL 32223  
(904) 262-6300

Clay  
105 Old Jennings Rd  
Orange Park, FL 32065  
(904) 213-9374

Kernan  
3475 Kernan Blvd S  
Jacksonville, FL 32224  
(904) 246-7378

Northside  
404 Owens Rd.  
Jacksonville, FL 32218  
(904) 549-6122

Baker  
368 South 5th St  
Macclenny, FL 32063  
(904) 259-2585

St. Augustine  
232 Southpark Circle E  
St. Augustine, FL 32086  
(904) 496-0358

Referral Information provided by the pregnancy center does not mean that the center guarantees or endorses the providers/agencies. These organizations are not affiliated with the center but rather are independent agencies. The center provides these referrals for your convenience only and does not necessarily endorse the materials, policies or practices of these providers/agencies. You are responsible for interviewing and selecting suitable providers/agencies. Therefore, you should do your own inquiry and contact providers/agencies directly for relevant information, such as information on insurance coverage. If you are under 18 years of age, the center recommends that you seek the advice of a parent/guardian in considering providers.