



MEDICAL & COUNSELING RESOURCES

COMPLETE LISTING OF MEDICAL & COUNSELING RESOURCES

FCWS Call Center
904-915-HELP (4357)

EMERGENCY RESOURCES

Suicide Hotline
(800) 273-8255

Rape Center Victim Services
(904) 721-7273

Poison Control Hotline
1-800-222-1222

Florida Child Abuse Hotline
1-800-962-2873

Abortion Pill Reversal
1-877-558-0333

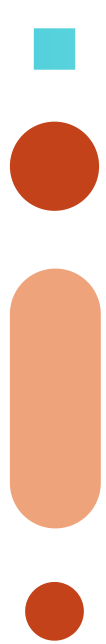
First Call for Help (United Way)
Dial 211 or (904) 632-0600

Provides information on available charities that provide assistance.



Table of Contents

Medical Care and Health Services	Page 1-3
Dental Services	Page 4
Medicaid, Insurance & Medical Exp. Info	Page 5
OB/GYN Offices	Page 6-7
Grief Support	Page 7
Counseling	Page 8-11
Rape and Abuse Help	Page 12
Child and Youth Abuse Help	Page 12
Alcohol and Drug Resources	Page 13-14
Child Counseling	Page 15
Halfway Houses	Page 15-16
HIV, AIDS, and STD Services	Page 17
Childbirth and Childcare Assistance	Page 18
Natural Family Planning	Page 18
Paternity Testing	Page 18
Breastfeeding	Page 19
Childbirth Classes	Page 19
Ultrasound Discounts	Page 20



Medical Care and Health Services For Women & Children

DUVAL COUNTY HEALTH DEPT.

Main Number: 253-1000

All clinics below will provide STD testing, and medical care for women including: Maternity Care, Family Planning and Gynecological Care including Pap-smears. Some centers can also provide comprehensive care to entire family, including children. All accept Medicaid and can evaluate financial needs of client seeking medical care.

Agape West Community Health Center

120 King St
(904) 760-4904

Beaches Family Health Center

2344 South 3rd St.
(904) 253-1080

South Jax Primary Center

3225 University Blvd. Suite 101
(904) 253-1220

Wesconnett Health Center

5150 Timuquana Rd.
(904) 253-1130

Center for Women & Children

515 West 6th St.
(904) 253-1080

Florida Kid Care

(888) 540-KIDS

Kids 'N Care *(for foster children only)*

(904) 253-1080
515 W 6th St

Agape Family Health

904-760-4904
120 King ST
5460 Blanding Blvd
1680 Dunn Ave
3900 University Blvd
Primary Care for Children & Adults, Chronic Disease Mgmt., On-Site Pharmacy, Mobile Medical Bus

Clay County Health Dept. Bear Run Clinic

3229 Bear Run Blvd, Orange Park, FL 32065
(904) 272-3177
www.clay.floridahealth.gov

WE CARE JACKSONVILLE, INC.

4615 Philips Hwy
Free medical treatment—primary and specialty care— for indigent Duval County residents.
Coordinator, Mrs. Freddie Webster
(904) 674-6450
Pregnant women are referred to the Health Dept.

Participating We Care Clinics:

Christ the King Clinic

South Jacksonville Family Health Clinic
1736 University Blvd. South Walk-ins only
Every 4th Saturday of the Month 9-1

Healing Hands Medical & Dental Clinic

5128 Timuquana Rd.
(904) 573-1333

I.M. Sulzbacher Health Center

Medical & Dental
611 East Adams St.
(904) 359-0457 ext. 263

St. Vincent's Mobile Outreach Ministry

904-308-7911

Provides free immunizations, health screenings, physicals, and other services to the isolated and underserved.

Jacksonville Beach (Beaches Community Healthcare Clinic) Adult Health Center

850 6th Avenue South Suite 500

Jacksonville Beach, FL 32250 904-224-3550

Branch of the Sulzbacher Center serving patients who reside in the following zip codes_ 32233, 32250, 32082, 32224, 32266. Open Monday, Tuesday, Thursday and Friday 8:00 am to 4:30 pm and Wednesday 8:00 am to 7:00 pm.

Mission House Clinic

(904) 241-6767

800 Shetter Ave. Jax Beach

Call for appointments

Mon & Thurs 1-3p

Oasis Medical Clinic

(904) 744-2133

2961 University Blvd N.

Jacksonville, FL 32211 Habla Español

Community Health Outreach

5126 Timuquana Rd, Jacksonville, FL 32210

(904)-573-1333

www.chojax.org

Community Health Outreach Services Include:

- Emergency Dental Treatment
- Primary Medical Care
- Food Assistance
- Preventive Medical and Dental Care
- Health Awareness Programs
- Infant & Baby Items

Strong Florida Moms | A Resource for Florida Moms

www.strongflmoms.com/

Strong Florida Moms is where you can access information about what to expect during pregnancy, resources to obtain health care, and answers to many of the questions Florida moms and dads have about parenting. Families can also access community resources such as local support groups with other moms, initiatives that connect to job opportunities, and other resources tailored to their parenting journey.

Immunizations

Immunizations Center
5322 N. Pearl Street
(904) 253-1420

Other Healthcare Providers

Healthy Start Coalition

(904) 723-5422

I.M. Sulzbacher Health Center

611 E. Adams St.
(904) 359-0457 ext. 263
Free medical care for the homeless.
Open Mon-Sat 9am-noon, Mon-Fri 2-4pm

St. Vincent's Family Practice

Does not accept after 22 weeks.
Miss McIntosh
(904) 308-7372 Riverside
Accepts Medicaid, offers STD testing
New OB patients, call (904) 308-8404

UF Health Little Miracles

Maternity Services
(904) 244-8109
Client must deliver at Shands and not have an application pending with Dept. of Children & Families. Accept presumptive Medicaid, most insurance & sliding scale payment program for clients with no insurance.

Volunteers In Medicine

Does not cover pregnancy
3728 Philips Hwy #34
(904) 399-2766
5927 Old Timuquana RD Suite 2
904-539-3020
Free medical care (including pap smears and mammograms) and some medicines for Uninsured Workers earning a \$13,000 minimum income. Does not accept Medicaid.

Legacy of Care Health Clinic

Provides free medical care for adults without health insurance and free health screenings to residents of Jacksonville.
(904)-745-9333
www.legacyofcare.net

The Way Free Medical Clinic, Inc.

479 Houston St, Green Cove Springs, FL
32043 (904) 531-9504

Dental Referrals

Health Department Clinics:

*Full service, for children ages 1-20

Those not eligible for government assistance must meet with financial advisor.

PARTICIPATING LOCATIONS:

Children's Dental Center @ Central Health Plaza

515 West 6th Street

(904) 253-1210

North Point Dental Center

3416 Moncrief RD

(904) 253-1783

South Jax Dental Clinic

(904) 253-1240

1722 University Blvd. South

Wesconnett Dental Center

5150-9 Timuquana Rd.

(904) 253-1130

Dentists Care of Jacksonville

*For low-income, uninsured adults.

Children's Dental Care

921 N Davis ST Bldg A #251

(904) 253-1230

PARTICIPATING CLINICS:

City Rescue Mission

(904) 387-4357 ext. 4207

426 S. McDuff Ave.

Open Tues, Thurs & Fri.

(must be resident of mission)

Healing Hands Medical

(904) 573-1333

5126 Timuquana Rd.

Long waiting list.

THIS IS THE SAME AS LORDS STORE

Sulzbacher Center Dental Clinic

Beaches: 904-224-3550

Downtown: 904-394-8060

Open Thurs. 2-4 pm

Homeless only (ER Housing 359-0457)

*Accepts Medicaid, Sliding Scale Payments & Most Insurance.

****Other reduced-cost clinics:**

Florida Baptist Convention

Mobile Dental Clinic

(904) 596-3113

Travels throughout state of Florida.

Extractions and fillings are FREE

Family Dental Resources

www.doh.statefl.us/

Patients must meet certain low-income



Medicaid Information

For all Florida counties:

1-866-762-2237

English, Spanish and French spoken.

Fax (904) 723-2079

Social Security Administration

7185 Bentley RD #1

800-772-1213

If you are new applicant for Medicaid, a representative at the above toll-free number will advise you which Service Center is in your area.

Applications take at least 30 days to process.

Application Assistance:

1100 Cesery Blvd, Jacksonville FL OR

1918 Blanding Blvd, Jacksonville, FL

1845 Town Center Blvd. Fleming Island, FL

If you already have Medicaid, call (888) 419-3456 for a representative.

Or visit their websites:

www.myflorida.com/accessflorida OR

<http://www.dcf.state.fl.us/ess/index>

UF Health Little Miracles

655 West 8th Street at the Critical Center

(904) 244-BABY

For women delivering at Shands only!

45-day presumptive Medicaid only.

Clients cannot have a pending application with Dept. of Children & Families or they are will not qualify for the program.

Insurance Information

Covering Families

1-866-762-2079

www.myflorida.com/accessflorida

A national program that assists with low cost and free health insurance through Medicaid

Florida KidCare

(888) 540-5437

www.floridakidcare.org

Subsidized health insurance for children of impoverished families. Cost contingent on family income and size. Habla Español

Medical Expenses Information

UF Health Outpatient Financial Services

(904) 244-4015 option 1

ufhealth.org/financial-assistance

This organization provides reduced cost medical services at Shands Hospital for qualified clients.

UF Health Women's Health Services

(904) 244-0411

ufhealthjax.org/womens-services/

UF Health Little Miracles

(904) 244-8109

ufhealthjax.org/community/little-miracles.aspx

The Little Miracles Program began to improve the health of mothers and their babies in Jacksonville and to encourage prenatal care. The program hosts three city-wide baby showers a year.

655 West 8th Street

Jacksonville, FL 32209

Consumer Credit Counseling

Consumer Credit Counseling Services

Jacksonville Beach

(904) 249-5992



OB/GYN Offices

North Florida OB/GYN Offices

womenscareobgyn.com

Jacksonville

2525 Riverside Avenue, Jacksonville, FL 32204

904.388.-0704

9404 Way Point Place, Jacksonville FL 32257

904-387-9577

2363 Dunn Ave, Jacksonville FL 32218

904-387-9577

3 Shircliff Way, Suite 200 & 310

Jacksonville, FL 32204

904.387.9577

9889 Gate Parkway N, Suite 205

Jacksonville, FL 32246

OR 836 Prudential DR #1103

Jacksonville, FL 32207

904.398.7654

6885 Belfort Oaks Place, Suite 300

Jacksonville, FL 32216

904.296.4200

St. Augustine

301 Health Park Blvd. Ste. 219

St. Augustine, FL 32086

(904) 819-9898

Orange Park

1680 Eagle Harbor Parkway, Suite A

Orange Park, FL 32003

904.264.9555

1605 Kingsley Avenue, Orange Park, FL 32073

904.269.5600

Yulee

850966 US Highway 17N, Yulee, FL 32097

904.321.2229

Beaches

1361 13th Avenue S., Suites 190 & 110

Jacksonville Beach, FL 32250

904.247.5514

Accept Medicaid w/ Primary Referral

Fernandina Beach

1411 South 14th St Suite D,

Fernandina Beach, FL 32034

904-321-2229

Macclenny

725 South 6th Street, Macclenny, FL 32063

904-264-9555

North Florida OB/GYN offices listed accept the following Medicaid:

Molina Healthcare

*United Healthcare's Medicaid -M *Plus*

Wellcare of Florida (Staywell & Florida Healthy Kids)

UF Health Women's Specialists

1155 East 21st Street, Jacksonville, FL 32206

(904) 383-1028

15255 Max Leggett Parkway Suite 4400

Jacksonville, FL 32218

(904) 383-1000

Florida Women's Care

3627 University Blvd South #340, Jacksonville, FL 32216

904-574-5994

4788 Hodges Blvd # 104, Jacksonville, FL 32224

904-574-5221

Accepts Molina & Sunshine State Medicaid

St. Vincent's OB/GYN

4203 Belfort RD Jacksonville, FL 32216

904-296-5688

Accepts Molina and Sunshine State Medicaid

Private OB/GYN Practices

Dr. Michelle McLanahan

8075 Gate Parkway W #305

Jacksonville, FL 32216

*Accepts Sunshine State & United Healthcare
Medicaid*

Dr. Quadir Khan

11701 San Jose Blvd, #114

Jacksonville, FL 32223

904-288-6910

Accepts Molina, Sunshine, and
Staywell Medicaid Plans

Shands Little Miracles

655 West 8th ST

Jacksonville, FL 32209

904-244-2229

Orange Park

Dr. Hyler & Associates

1560 Kingsley Avenue Suite 4

Orange Park, FL 32073

(904) 264-1628

1658 St. Vincent's Way Suite 130

Middleburg, FL 32068

(904) 264-1628

1747 Baptist Clay Drive

Suite 340

Fleming Island FL, 32003

Grief Support

Bereavement Services/Wolfson Children's Hospital

(904) 202-8000

Hope & Healing

(miscarriage, stillbirth, early infant death)

904-549-6114

The Compassionate Friends

Child loss support group, monthly meetings

Jacksonville (904) 308-7481

St. Augustine (904) 794-5609

Grief Share

(904) 366-1236

First Baptist Church pastoral ministry

Meets Sunday evenings; cover 10 topics.

Cindy L. Richetti LMHC MH 5791

100 Executive Way, Ponte Vedra Beach, FL

(904) 280-8006 (Phone appts only, \$200 per/ hr)

Counseling

Mandarin Christian Counseling

2950 Halcyon Lane #204
Jacksonville, FL 32223
(904) 262-1900 and
235 9th Avenue North
Jacksonville Beach, FL 32250
jaxchristiancounseling.com

Grace Center for Biblical Counseling

First Baptist Church downtown
Jacksonville, FL 32202
(904) 366-1237
Www.fbcjax.com/counseling

Hope for the Hurting, Inc.

Linda S. Plunkett, PhD
9951 Atlantic Blvd. Ste. 222
Jacksonville, FL 32225
(904) 710-0529

Westside Behavioral Counseling Ctr.

Kenneth Hawn LMHC
931 Cassat Ave., Jacksonville, FL 32205
(904) 388-2828
Helpforeveryone.net

Joy Canaday, PhD, LMHC

5223 Damascus Rd. N.
Jacksonville, FL 32207
(904) 737-0537

Pastoral Counseling Services

2140 Mango Place
Jacksonville, FL 32207
(904) 398-2437

Susan Stanford-Rue, Ph.D.

3030 Hartley Blvd. Ste 220
Jacksonville, FL 32257
(904) 292-0085

Professional Christian Counseling

Toby Holly, LMHC (Families, Teens, Men's Issues)
Ida Holly, LMHC (Children, Women's Issues)
Wileen VandenOever, LCSW (Accepts Medicaid)
1608 Smith St., Orange Park, FL 32073
(904) 213-8188

Volland & Associates

9951 Atlantic Blvd. Suite 100B
Jacksonville, FL 32225
(904) 727-7778

Clay Behavioral

904-291-5561

Westside Counseling Center

Lynda Walls, PhD | Ken Hawn, LMHC
931 Cassat Ave.
Jacksonville, FL 32205
www.helpforeveryone.net

Body Image Counseling Center

(San Marco area)
1545 Landon Ave.
Jacksonville, FL 32207
(904) 737-3232
www.bodyimagecounseling.com

Linda Piampiano, Lic. Clinical Christian Counselor

3423 Loretto Rd.
Jacksonville, FL 32223
(904) 504-5764

Post-Abortion, Family Christian Counseling

Mark Dumdei Med., LMFT
3000 Hartley Rd.
Jacksonville, FL 32257
(904) 226-2446

Abortion Healing Assistance

904-213-9374

Stapleton Consulting

145 Hilden Road Unit 108 Ponte Vedra, FL 32081

www.stapletonconsultingservices.com

We work with children, teens, families, adults and military veterans on issues from depression to trauma, divorce to adoption. They work with men struggling with identity and sexual addiction, as well as couples who want to improve their relationship. Christian counseling to individuals, families and Christian leaders.

The Living Well Collective

9550 Regency Square Blvd. #400

Jacksonville, Florida 32225

www.livingwell.online

The Living Well Co. specializes in offering programs and services that help people live well. We are a faith-based Christian organization concerned about the health and well-being of those we serve. Our mission is to improve people's lives by supporting and enhancing personal growth and wellness through Christ-focused life coaching, training, consulting and counseling. We treat mental health issues and addiction, including depression, anxiety, and pornography addictions.

<https://marriagefoundry.com/> <https://everygirl-living.com/meet-the-team/>

<https://www.livingpornfree.com/>

Craig Myers, LMHC, M.Ed

7235 Bonneval Road Jacksonville, FL 32256

904-906-8275

My counseling approach is to treat each individual and couples with respect and integrity. We live in a stressed world! Stress effects our jobs, health, relationships and even our decisions. It can cause depression, anxiety, loneliness, consequences from hasty choices and a host of other issues. One stressed person can cause stress for an entire family. The way in which we learned to cope with life may also crate stress for us personally. How we communicate, resolve conflict, express anger, and having to be right can produce stress. Coping patterns such as social media addiction, spending money, pleasing others, overworking and seeking perfection contribute to personal stress.

Beaches

Body Image Counseling Center

61 Sailfish Drive East

Atlantic Beach, FL 32233

(904) 737-3232

www.bodyimagecounseling.com

Family Life Christian Counseling

2121 Corporate Square Blvd.

Jacksonville, 32216

(904) 725-1800

First Coast Therapy Group, Inc.

500 Sawgrass Village Circle Suite #9

Ponte Vedra Beach, FL 32082

(904) 280-8555

The Guidance Clinic

Jacksonville Beach, FL

(904) 730-7575

Emergencies:

Dr. Fulton (904) 568-8870

Deborah Hardman, MSW and LCSW

482 Jacksonville Drive

Jacksonville Beach, FL

(904) 247-3600

Linda Miller-Dowie, LCSW

2320 3rd Street South

Jacksonville Beach, FL 32250

(904) 246-5001

www.lindamillerlcsw.com

Cindy Richetti, LMHC

100 Executive Way Suite 200

Ponte Vedra, FL 32082

(904) 647-4949

Mia Sell, RN and LMHC

Neptune Baptist Church

(904) 465-3659

Family Life Christian Counseling

2121 Corporate Square Blvd., Suite B

(904) 725-1800

The Silver Cord

Patricia M. Clary, PhD

P.O. Box 3033

Ponte Vedra Beach, FL 32004

(904) 723-3600

www.thesilvercord.org

Community Counseling

*must meet certain criteria to receive services

Body Image Counseling Center

1545 Landon Ave.

Jacksonville, FL 32207

(904) 737-3232

Child Guidance Center Inc.

(904) 448-4700

Arlington, Northside, Westside

Habla Español (904) 448-4700 ext. 134

Serve children and 18 to 21 year-old high school students. Play therapy for those under 12

The Guidance Clinic

9140 Golfside Drive Ste. 4

Jacksonville, FL 32256

(904) 730-7575

Emergencies: Dr. Fulton (904) 568-8870

Jewish Family & Community Services

6261 Dupont Station Court East

Jacksonville, FL 32217

(904) 448-1933 option 3

Therapy for individuals, couples and families

In the 5-county area

Accepts Medicaid and sliding scale fee

LINK Program/MHRC

(Quest Outreach) - M-F 8:00–5:00

611 E Adams St

Jacksonville, FL 32202

(904) 358-2411

Assessments, referrals, medication management and substance abuse counseling for homeless individuals.

Mental Health Center of Jacksonville

3333 West 20th Street

Jacksonville, FL 32254

(904) 695-9145

Mental Health Resource Center

11820 Beach Boulevard

Jacksonville, FL 32246

(904) 642-9100

Trinity Rescue Mission (Women's)

(904) 355-1205

627 West Beaver St.

Jacksonville, FL 32202

www.trinityrescue.org

Clay County Behavioral Health Center

www.ccbhc.org

3292 County Rd. 220 Middleburg, FL

32068(904)291-5561– Outpatient mental health

services for adults.

The Onesimus Connection

Non-profit religious organization affiliated with Logos Global Network in Jacksonville, FL. TOC is a counseling program reaching out to those are struggling with anger and addiction issues. Group Session are a set amount per session while the fees for individual sessions are based on a sliding scale according to household income.

4043 Baymeadows Rd, Suite B.

Jacksonville, FL 32217

(904) 382-1902

River Point Behavioral Health

6300 Beach Blvd. 32216

(904) 724-9202

Ask for Evaluation & Referral Dept.

Alcohol & Drug rehab and Mental Health resources also available, both inpatient and outpatient treatment.

No Medicaid, most private insurance accepted.

www.riverpointbehavioral.com

Jacksonville Men's Rehabilitation

3333 Philips Hwy. Jacksonville 32207

Adults and Families with drug and Alcohol problems.

Live In Facility—Residential Recovery for men.

www.teenchallenge.cc

Phone number: (904) 398-0013

Upward Climb Women

Community support group for women struggling with promiscuity, erotica, pornography, or premarital sex and other sexual tendencies. You are not alone.

Email Stacey at upwardclimbwomen@gmail.com

Motherhood Space - Baptist Health

If you or someone you love is in crisis, there is help available. Adults, kids, and teens support is offered at no charge.

Call (904) 202-7900

Text "HOME" to 741741



Rape & Abuse Help

***Betty Griffin House (904) 824-1555**

(24-hr help line)

Area: St. Johns County

City of Jacksonville, Sheriff's Office

Area: Duval County (904) 630-0500

For crimes of a non-sexual nature

First Coast Child Protection

(904) 633-0300 24 hr. line for minors

***Hubbard House, Inc.**

24 Hour counseling (904) 354-3114

(904) 400-6300 Outreach Center

8012 Lem Turner Rd., Jacksonville, FL

Area: Duval County

***Quigley House, Inc.**

(904) 284-0340 or 529-3643

24 Hour Hotline (904) 284-0061

Area: Clay County

Rape Crisis Hotline (18 and older)

904-630-6330 or 904-358-RAPE (7273)

403 W. 70th Street

United Way 211

(904) 632-0600

Area: Duval, Baker, Clay, Nassau & St. Johns

**these facilities also function as domestic violence shelters*

Children and Youth

Child Help

(800) 422-4453

national child abuse hotline

Florida Abuse Hotline

1-800-96-ABUSE

1-800-962-2873

1-800-453-5145

Shands Children's Crisis Center or First Coast Child Protection

(904) 633-0300

Child protection and medical team interview at-risk children for abuse or neglect. Assessments given to Department of Children and Families.

Youth Crisis Center

24 hour hotlines.

Serves 10-17 year olds in the 5-county area

Runaways (904) 725-6662

Project Safe Place (904) 720-0002

Catholic Charities (Duval)

info@ccbjax.org

40 East Adams Street Suite 320

Jacksonville, FL 32202

904-354-4846

Micha's Place (Nassau)

P.O. Box 16287 Fernandina Beach, FL 32035

904-491-6364

24/7 Hotline 1-904-225-9979

Provides prevention and intervention services to victims of domestic violence. A safe confidential shelter, advocacy, counseling, legal advocacy and support groups of victims of domestic violence.



Misc. Counseling Services

SMA Healthcare, St Johns

For individuals 18 years or older with mental health needs. Services are free. No insurance required
(904)-770-2960

Northwest Behavioral Health Services

Case mgmt., supportive housing, & outpatient counseling
(904)-781-7797

NAMI-National Alliance on Mental Illness

Support & improve the quality of life for family members & those living with mental illness
(904)-724-7782

EPIC Behavioral Healthcare, St Johns

Mental Health & abuse counseling for adults, teens, and children
(904)-829-2273

Alcohol & Drug Resources

Addictions Rehabilitation Clinic

Naval Hospital

Main line (904) 542-3473
Military & Families only. Extensive screening.

AL-ANON

Orange Park Free services
(904)350-0600 Hot Line
Support for friends and family of alcoholics
www.Jaxafg.org for meeting schedules

Alcoholics Anonymous (AA)

Support for alcoholics
24-hr answering service. No fees
3128 Beach Blvd. (904) 399-8535
Kay Baumann: office manager

Alcoholic Service Center

20 West 4th Street
(904) 355-6947 (NA)
Drug and Alcohol Prevention

Baptist Behavioral Care

(904) 202-7900

Mental health services Inpatient only, crisis patients only. Accepts Medicaid and most private insurance. Will treat uninsured—client can go to ER for evaluation— for charge but community resource centers best for inpatient crisis stabilization. Day stay is available.

Partial Hospitalization (904) 202-2296

Outpatient Services (904) 376-3800

Gateway Community Services

555 Stockton St., Jacksonville 32204

Main line (904) 387-4661 Mon.—Fri. 8-5

Inpatient, outpatient and detox services offered.

Louise, Inpatient triage nurse (904) 389-9966

Gateway Connect—2 week wait for appointments

Adult Detox. (904) 781-0838 (evaluate on phone)

Accepts most private insurance. Will treat uninsured on a case-by-case basis.

Adolescent treatment (904) 646-4889

*Detox (experimental use)—accept insured and uninsured

*Residential ext. 133 for drug dependency issues
Residential program also offers sliding scale fee for those not receiving government assistance.

Alumni House- (904) 354-0835

Halfway House for substance & abuse disorders.

River Region Human Services

(904) 899-6300 Option 1 for patient appts.

Open Mon-Fri 8:30-4:30

Serves the 5-county area—Drug & Alcohol treatment, outpatient & inpatient care. Medicaid accepted. Will treat uninsured in some cases or make referral, sliding scale fees based on income.

(Does not accept private insurance.) Habla Español.

Admin office—2055 Reyko Rd, Ste 101, Jax, 32207

Clinical office—390 Park St., Jacksonville 32204

Minerva Bryant, VP Clinical Operations

Salvation Army Adult Rehabilitation Ctr.

Provides free in-residence rehabilitation program with a focus on basic necessities.

- Inpatient program
- Group and individual therapy
- Daily fee required, insurance not necessary
- Christian based programs
- Arlington/Beach area

(904)641-2122

www.salvationarmynefl.org

City Rescue Mission

CRM exists to transform the lives of the homeless and needy, serving them through the love and compassion of Jesus Christ.

- Provides food, clothing, shelter, and emergency services
- Residential Recovery Program
- Homeless men and women with or without children

Trinity Rescue Mission

Provides emergency services and free long-term recovery programs to the hungry, homeless and hurting in the greater Jacksonville area.

Dedicated to loving, serving, and helping those in need through the grace of Jesus Christ.

- Break the pattern of homelessness & addiction
- Overnight shelter & meals
- Free 60+ day residential program for women and men
- Freedom Farm: 6-9 month intensive discipleship for men

(904)355-1205

www.trinityrescue.org

Teen Challenge

We offer help to those whose lives have been damaged by the terrible effects of drug and alcohol dependency, co-dependency, and other life controlling problems. This program was developed to help residents overcome addictions and to learn to live as drug-free Christians in the real world.

*Free income based in-patient recovery
(904)317-0333 www.teenchallenge.cc

Celebrate Recovery

www.celebratecoveryjacksonville.com

Multiple locations in each county. A Christ-centered and Bible-based 12-step recovery program.

- Focus on God's healing power through fellowship
- Work on the 12 steps and the 8 principles
- Attend share groups where there are shared experiences and exploring hope together

Beaches Recovery

390 16th Ave South Jacksonville Beach, FL 32250

Admissions: 866-274-9281

Non-admissions: 904-685-9083

Beaches Recovery is the premier drug and alcohol treatment center in Jacksonville Florida. We offer a complete continuum of care, starting with drug and alcohol detox at Tides Edge Detox Center. Founded on the principles of treating the mind, body, and spirit, Beaches offers a wide array of treatments and activities proven to combat the disease of addiction and co-occurring disorders such as anxiety, depression, bipolar, and other mood conditions.

Florida Counseling & Evaluation Services

6950 Philips Highway Suite 11 Jacksonville, FL 32216

904-239-3677

Florida Counseling and Evaluation Services is a group of competent and caring behavioral health clinicians whose goal is to assist individuals in resolving personal difficulties and in acquiring the skills, attitudes, and resources necessary to pursue productive and satisfying lives.



Child Counseling Services

Nemours Childrens Hospital

1650 Prudential Drive Jacksonville, FL 32207
904-202-8000

Our child psychiatrists are here to help. We're medical doctors who specialize in diagnosing, preventing and treating issues affecting kids' mental health (emotions and behavior). We do not have inpatient psychiatric facilities or beds for children or teens.

Wolfson's Children's Hospital

800 Prudential Drive Jacksonville, FL 32207
904-202-2000

Behavioral Health 904-376-3800

Provides compassionate and individualized care for a full range of pediatric mental health conditions. We provide both inpatient (hospital stay) and outpatient (office visits) consultation, evaluation, and treatment.

Halfway Houses

Sober Living Recovery Halfway House

Provides a safe, loving and comfortable environment where residents can transition in their recovery journey to everyday living while staying clean and sober. Properties include three sober living homes (two for men and one for women) in beautiful, serene wooded neighborhoods.

- Begin a new career with community partners
- Move to independent
- Men's recovery and separate women's recovery house
- Daily NA/AA meetings and sponsors required
- Drug testing 3X/ week

Christian Alcohol and Drug Rehab Help

Christ is at the center of Christian drug detox and Christian alcohol detox. The patient is given a message, which is reinforced throughout the entire program. "I can do all things through Christ who strengthens me."

- Highest quality medical care based on solid science
- Cleanse the body
- Supportive environment
- Acknowledge Christ's power to heal and free body and soul

(904) 432-3737

www.jacksonville.christianalcoholanddrugrehab.com



The Beach House

Bridges the gap from treatment facilities and/or using environments with a safe recovery oriented transitional home.

- Separate men’s and women’s houses
- 100 yards from the Atlantic Ocean
- Owner has over 28 years of recovery
- Caring staff member on site 24/7 and always available to residents

(904)372-4098

www.thebeachhousesoberliving.com

Awakening Recovery Center

Provides help for alcoholism and drug addiction while allowing the affected person to live at home and work as usual.

- Intensive outpatient services only
- Cognitive-behavioral based therapy
- Suitable for employed functional alcoholics
- Accepts insurance or cash

(904)733-7383

www.awakeningrecoverycenter.com

The Nurturing Network

1-800-866-4666 (800-TNN-4MOM) or tnn@nurturingnetwork.org

Nationwide program for college/university women to transfer to another college and provide housing through pregnancy. Also for working women.

Robert Half International

1-800-803-8367

Office Team

1-800-804-8367

www.officeteam..com

PACE Center for Girls

Jacksonville

www.pacecenter.org/locations/jacksonville

One West Adams Street, Suite 301

(904) 421-8585

Clay County

www.pacecenter.org/locations/clay

1241 Blanding Blvd, Suite 5

Orange Park, FL 32065

(904) 458-0840

Provides girls and young women an opportunity for a better future by providing holistic, gender responsive and trauma informed services including academics, counseling, service learning, career preparation and independent living skills.

Teen Challenge

Jacksonville Women’s Center

(904) 317-0333

Jacksonville Men’s Center

(904) 398-0013

In a day when drug abuse and addiction has crossed every geographic, economic, cultural and ethnic barrier, Teen Challenge offers hope for those who have grown up in families and communities where substance abuse creates a spiral of addiction, as well as those who come from stable and loving homes in good neighborhoods



HIV/AIDS Services

Catholic Charities Bureau

(904) 354-4846

Basic necessities for persons with HIV /AIDS in the 5-county area

STD Testing

APEL Health Services

(904) 353-2514

(904)768-1561

5353 Soutel Dr. Ste C (Northside)

Free HIV tests for anyone.

Duval County STD Clinic—Men & Women

Comprehensive Care (904) 253-1040

Duval County Health Dept. - Women only

6 locations:

Beaches Family Health Center

(904) 253-2555

Baker County- Health Department

(904) 259-6291

South Jacksonville Family Health Ctr.

(904) 253-1100

River Region Human Services

(904) 301-1147 or 899-6300

610 N. Julia St. (downtown) HIV testing only

Transportation may be available.

Wesconnett Family Health Center

Westside (904) 253-1120

West Jacksonville Family Health Center

(904) 253-2785

Clay County Health Dept. Bear Run Clinic

3229 Bear Run Blvd, Orange Park, FL 32065

(904) 272-3177

www.clay.floridahealth.gov



Help for a Child

Healthy Families of Jacksonville

A free, voluntary, early learning and family support program designed to help you be the best parent you can be, and to help your child grow and develop in the most important first months of his or her life.

- Support and education directly to you and to your family in your home.
- Trained family support workers visit pregnant and new moms and their families to provide knowledge and support in the areas of: Pregnancy wellness, Breastfeeding, Parenting skills, Positive parent-child interaction, Stages of infant and child development, Importance of bonding and attachment, Development screenings

Call (904) 520-7630 if you are in zip codes 32206, 32207, 32211, 32216, 32217, 32225, 32246, or 32277

Call (904)924-1740 if you are in zip codes 32202, 32204, 32205, 32208, 32209, 32210, 32218, 32244 or 32254

Salvation Army Development Center

Provides a high quality, affordable and accessible preschool program for children, opportunities for parent engagement, and ongoing professional development for our staff. We aim to provide the necessary skills, such as social, motor, early literacy, and number awareness for each and every child in order for them to be successful learners and ready for kindergarten.

(904)665-0102

www.salvationarmyfl.org

Childbirth Assistance

Doulas of Northeast Fla.

'doula' is an ancient Greek term that refers to a woman who helps other women. It is applied to women who provide physical, emotional, and informational support to the mother before, during and after childbirth.

Janet McIlroy

(904) 249-0261 | FirstCoastFame@aol.com

Master's level Christian psychologist

Specializes in childbirth education

Sliding scale | \$50 per class series of 4 classes.

For more referrals to local doulas visit

www.thebirthcompany.com/referral.htm

or call Rae Davies at (904) 285-0028

Natural Family Planning

Diocesan Center for Family Life

2577 Park Street Jacksonville

(904) 551-2619

www.d CFL.org

Women's Help Center

www.pregnancyjacksonville.com/Jacksonville

4209 University Blvd. S Jacksonville, FL

(904) 398-5143

Beaches

1903 North 3rd St Jacksonville Beach, FL

(904) 249-8644

Paternity Testing

First Coast Testing Services

dnajax.net

2063 Oak St Jacksonville, FL

(904) 358-9055

Dr.'s Choice First

drschoicefirst.com

1912 Hamilton St Jacksonville, FL

(904) 800-2375



Breastfeeding Support

Baptist Health Women's Resource

Library open to the community
800 Prudential Drive (904) 202-2229
Offers: Breastfeeding 101 Class and postpartum group sibling class.

Breastfeeding National Network

(800) 835-5968 24 hour number
Refer for breast pumps, parts, accessories & area breast feeding specialists. Sell nursing bras & rent baby scales. Consultation fees vary.

Healthy Mothers, Healthy Babies

(904) 854-7100, 5991 Chester Circle , 32217
All services free
Hours: Mon-Thurs 10:30a-3:30p
After hours emergencies
(904) 499-5588

LaLeche League of Northeast Florida

Offer biweekly meetings on breastfeeding & assistance from pregnancy through nursing. Does not offer home visits or latch assessments but can refer to lactation consultations. Free community service.
www.llli.org/web/florida.html

Seton Center for Women and Infants Health

at St. Vincent's Medical Center (Riverside)
Dillon Bldg. 3rd Floor, Suite 320
Open Mon-Fri 9am-4pm
(904) 308-6359 leave message for Lois Smith or Toni Herndon, Clinical Resource Coordinator.
Free help over the phone or in person Breast pump rentals and sales

Childbirth Classes

Baptist Medical Center

(904) 202-2229
Contact Felicia Durham
CPR class (not for certification) \$20/ person
2 parenting sessions 0-12 months \$40/couple
3 basic childbirth sessions \$55/couple
4 weeks/sessions on childbirth \$65/couple
Open to community

Duval County Health Dept.

(904) 253-2630
Family Health Education Services
www.dchd.net Mon-Fri 8am-5pm
Fern Hunter, Health Educator
Education and care coordination for at-risk expectant mothers and infants.

Healthy Mothers, Healthy Babies Coalition of North Florida, Inc.

(904) 854-1700 ext. 14 Rhonda Thomason
Open Mon-Fri 8:30-4:30
Baby sign language, newborn care & childbirth classes.
After hours emergency 499-5588

Memorial Hospital

(904) 399-6691
Kerri, Education Dept.
Classes offered: Baby Care Basics, Childbirth Refresher, Sibling Preparation, Infant/Child CPR, and Prepared Childbirth (includes Lamaze & breastfeeding.) Fees vary from \$10- \$60

St. Luke's Hospital

main# (904) 296-4344
Family Birth Place Education Line 296-4345
Series of 6 classes on Mon & Wed p.m. \$60
Ask for Jean to schedule

Ultrasound Discounts

Cherished Image 3D/4D Prenatal Ultrasound

75 Durbin Station Ct Ste 303
St. Johns, FL 32259
(904)417-8006

www.cherishedimage3d4d.com

Discount: 10% off - Client must type "First Coast Women's Services" in referral box when booking online. When booking on phone or in person, present proof of referral letter from First Coast Women's Services.

Babies Amore

6821 Southpoint Drive N, Suite 102
Jacksonville, FL 32216
(904)907-9869

www.babiesamore.love

Discount: 10%+ off - Call to schedule. Must tell them that "First Coast Women's Services" referred you when scheduling. Discount based on services.

A Stork's View

3715 San Jose Place, Suite 3
Jacksonville, FL 32257
904-268-1006

www.astorksview.com

Discount: 10% 1st visit and 25% 2nd visit. Must tell them "Lexy from First Coast Women's Services referred you to get discount".

Ultrasound Discounts (continued)

Hello Baby Ultrasound

471 SW State Road 247, Suite 109
Lake City, FL
(386)965-4024

www.hellobabyultrasound.com

Discount: \$10 off (packages start at \$50 w/discount). Must bring proof of referral from First Coast Women's Services.

Baby Bloom HD Ultrasound Studio

11481 Old St. Augustine Road, Suite 302
Jacksonville, FL 32258
(904)460-3756

www.babybloomhd.com/ultrasound-studio-jacksonville/

Discount: \$35 for 2D Ultrasound (5+ minutes w/2 pictures). Must either bring coupon supplied by Baby Bloom or bring proof of referral from First Coast Women's Services.

Laboratories (Beta hCG testing)

Any Lab Test Now- Jacksonville South

9965 San Jose Blvd Ste 30
Jacksonville, FL 32257
Phone: (904) 717-6266

Any Lab Test Now- North Jacksonville

1080 Edgewood Ave. South #6
Jacksonville, FL 32205
Phone: (904) 648-9800

Any Lab Test Now- Jacksonville

13170 Atlantic Blvd Suite 60
Jacksonville, FL 32225
Phone: (904) 220-4840

Discount: \$10 off price. Must tell them you were referred by First Coast Women's Services



Pregnancy Resource Centers

First Coast Women's Services

Call Center
904-915-HELP (4357)

Mandarin
11215 San Jose Blvd.
Jacksonville FL 32223
(904) 262-6300

Clay
105 Old Jennings Rd
Orange Park, FL 32065
(904) 213-9374

Kernan
3475 Kernan Blvd S
Jacksonville, FL 32224
(904) 246-7378

Northside
404 Owens Rd.
Jacksonville, FL 32218
(904) 549-6122

Baker
368 South 5th St
Macclenny, FL 32063
(904) 259-2585

St. Augustine
232 Southpark Circle E
St. Augustine, FL 32086
(904) 496-0358

Referral Information provided by the pregnancy center does not mean that the center guarantees or endorses the providers/agencies. These organizations are not affiliated with the center but rather are independent agencies. The center provides these referrals for your convenience only and does not necessarily endorse the materials, policies or practices of these providers/agencies. You are responsible for interviewing and selecting suitable providers/agencies. Therefore, you should do your own inquiry and contact providers/agencies directly for relevant information, such as information on insurance coverage. If you are under 18 years of age, the center recommends that you seek the advice of a parent/guardian in considering providers.